Cafetorium Menu

Breakfast

Lunch

Soup

Salad

Surprise! Grilled Cheese & Fries

Cream of Tomato & Dill

Greek Quinoa

Do you sing, play an instrument, or want to meet other Carlton musicians? Open Mic will take place on Thursday, March 5th and Friday March 6th at Lunch.







Mark your calendar! There will be a School Community Council Meeting on March 18th at 7pm in the Learning Commons!

ALL GRADE 12 STUDENTS <u>MUST</u> APPLY TO GRADUATE BY MARCH 20TH!

- YOU MUST HAVE 19 CREDITS OR MORE. Applications are available on our webpage or in student services.
- A parent's signature is required.
 You will have to meet with your counsellor.



Take ten minutes to chill.

Join us in Y103 noon hours on Thursdays for Meditation.



Attention Carlton Staff & Students:

Carlton Independent Futures Program will be selling "Helping Hands" for Telemiracle at lunch in the Rotunda from Monday February 24 - Friday March 6. Each Helping Hand is \$1.00 and all money goes to Telemiracle. Please come and support this year's Telemiracle.

- Interested in taking Standard First Aid & CPR-C for free? Talk to Mr. Strachan in Student Services before Friday, March 6th, to register, or for more information. Requirements Include:
- 1. Completing online modules through the Canadian Red Cross.
- 2. In-person skills training session to be completed at Carlton
- **Modules must be completed to participate in the skills session**



Vote for your favourite books every week in The Learning **Commons for** March Madness!



CONGRATULATIONS TO THE CARLTON WRESTLERS WHO COMPETED IN THE REGIONAL WRESTLING CHAMPIONSHIPS THIS PAST WEEKEND. GOING TO THE PROVINCIAL FINALS ARE SILVER MEDALIST LOGAN BAIR AND BRONZE MEDALLISTS ABBY TIESSEN, IZZABELLA BEER AND ETAH McDougall.

La Ronge Ski Club Presents the 24th Annual School Cross-Country Ski Championships WHEN: Friday, March 13, 2020 WHERE: Don Allen Ski Trails, 20 km north of La Ronge For more information, please contact Mr. Strom the CPAC office