Carlton Cafetorium Menu Tuesday Oct. 22, 2019		
Breakfast	Skillet	
Lunch	Special Pizza Rolls	
Soup / Salad	Cream of Roasted Red Pepper Soup	
Dessert		

Meditation on Thursdays at noon Y103, everyone is welcome staff and students. Come enjoy some peace and relaxation in your day.

Christmas isn't here yet, but we hope you're in the giving spirit! The pantry is looking for donations of food like granola bars, fruit cups or other quick grabs foods but we will take anything you have to offer! We would also love warm clothes, jackets and mitts.

**Donations can be brought to room B222.** Help out our Sader Family if you can. Thank you!

## CHARICATURE AND POETRY DISCOVERY TABLE! WHEN: MONDAY, OCT. 29 WHERE: ROTUNDA WHO: EVERYONE! WHY: FOR FUN!! COME GET WACK-Y!

**Attention New and Old Debaters!** The Carlton Debate Club will hold its weekly meetings over lunch hour every Tuesday. Whether you are new to debate or a returning veteran, come out to Mr. Fahie's room, B109 on Tuesday at lunch. We look forward to seeing you there.

# Senior boys city finals are on Wednesday October 30th 7pm at St. Mary.

Congratulations to Grade Ten Visual Art who handmade thirty books and donated them to a local preschool. These stories were written, illustrated, and presented by each student in the class, and the preschoolers were so excited to receive the books, hear them read aloud, and learn from the Grade tens how to do print making. Thank you Grade Tens on your fantastic creativity and leadership!!



#### **BELL SCHEDULE**

Period 1	8:55 - 9:58
Period 2	10:03 - 11:08
Period 3	11:13 - 12:16
Period 4	1:05 - 2:08
Period 5	2:13 - 3:16

### MEDIA CLUB

Are you interested in photography and/or videography? Do you want to attend Carlton events and capture the action? Maybe shoot portraits for the Human of Carlton project? Would you like to help shape Carlton's social media feeds?

> We Meet Every TUESDAY @ LUNCH In the STUDENT LOUNGE

(by the garden area)

#### **Student Vote Results**

The results for Carlton were as follows: People's Party - PPC (Kelly Day) - 40 Liberal Party (Estelle Hjertaas) - 72 **Conservative Party** (Randy Hoback) - 344 NDP (Harmony Johnson-Harder) - 161 Veterans Coalition Party (Brian Littlepine) - 10 Green Party (Kerri Wall) - 65

The vote summary for Prince Albert Riding and Canada can be found at https://studentvote.ca/canada/results/. A total of 714 ballots were cast at Carlton. Thank you for participating.

Senior Girls Volleyball City Finals against St Mary's is Tuesday October 29,2019 at 7:00 pm in the CPAC. Come on out and cheer on your Crusaders!

#### Outdoor Grip it ED Climbing Saskatoon!!!

Join us for a fun day of wall climbing on Nov 20 !!! Note the date change!!

First information meeting is Oct 23 in The Mechanics Shop at noon Thank you to everyone who helped to make the Provincial X-Country Meet a huge success!

Congratulations to Daniel McCaffrey who placed 6<sup>th</sup> and Rayne Cyr who placed 14<sup>th</sup>. An amazing job well done to our other students: Olivia Quiring, Jayla Beer, Kaydence Pellerin, Yusef Ali, and Ibirham Ali.

Thank you to Saskatchewan Rivers School Division, P4A, The Prince Albert Track Club, and the Triathlon Club of Prince Albert for their generous donations!

And last but not least, a huge thank you to Mr. Strom who was the commissionaire for the event, and to Coaches Bennington and Mirasty for their dedication throughout the season.

Public Health Nurses will be offering influenza immunizations at the Parent Teacher conferences on Nov. 6th at Carlton School, 3:30-8:00pm. Please feel free to bring the whole family! Please bring your health care card and wear short sleeves. Additional Influenza Clinics will be held at the South Hill

Mall (by Carlton Hearing):

Monday – Friday Oct. 21st –25th -9:00am-5:30pm

Saturdays Oct. 26th, Nov. 2nd and 16th - 9:00am-2:00pm

Tuesdays Nov. 5th and 26th - 1pm-5:30pm

For more information please call the Public Health Office at 765-6510.

Are you interested in building an Art Collection and learning more about how to submit your art to different galleries, come see Mrs. Mirasty at Y103 at noon on **Tuesdays and Fridays.**