

# **Carlton Cafetorium Menu**

**Thursday Oct. 17, 2019**

**Breakfast**

**Surprise!**

**Lunch**

**California Roll Bowl**

**Soup / Salad**

**Teriyaki Beef Soup**

**Dessert**

Christmas isn't here yet, but we hope you're in the giving spirit! The pantry is looking for donations of food like granola bars, fruit cups or other quick grabs foods but we will take anything you have to offer! We would also love warm clothes, jackets and mitts.

**Donations can be brought to room B222.** Help out our Sader Family if you can. Thank you!



# Attention New and Old Debaters!

The Carlton Debate Club  
will hold its weekly meetings  
over lunch hour every

Tuesday. Whether you are  
new to debate or a returning  
veteran, come out to

Mr. Fahie's room, B109 on  
Tuesday at lunch. We look  
forward to seeing you there.





# TODAY'S BELL SCHEDULE

## BELL SCHEDULE

Period 1	8:55 – 9:58
Period 2	10:03 – 11:08
Period 3	11:13 – 12:16
Period 4	1:05 – 2:08
Period 5	2:13 – 3:16

# MEDIA CLUB

Are you interested in photography and/or videography? Do you want to attend Carlton events and capture the action? Maybe shoot portraits for the Human of Carlton project? Would you like to help shape Carlton's social media feeds?

We Meet Every

**TUESDAY @ LUNCH**

In the

**STUDENT LOUNGE**

(by the garden area)





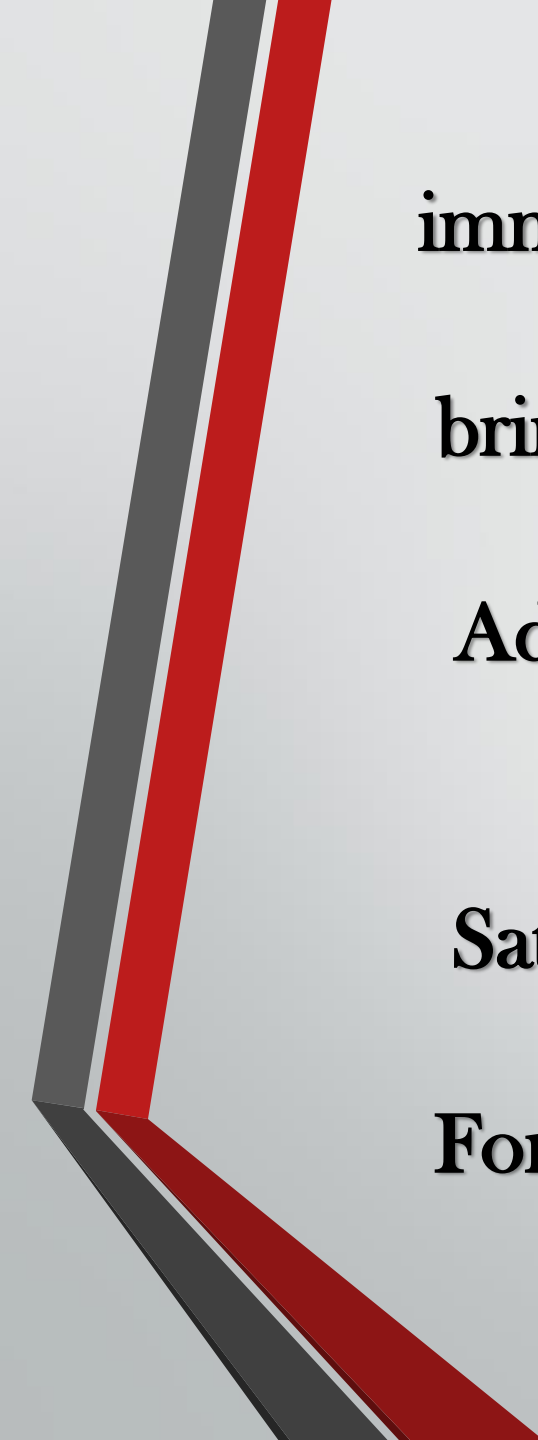
Encounters with Canada is a unique opportunity for Canadian teens to meet other young people from across the country.

Last year, students from Carlton attended Encounters with Canada and had an amazing experience. Please have a look at our website, [www.ewc-rdc.ca](http://www.ewc-rdc.ca), and/or see Mr. Klassen in B117 for more information if you are interested in attending.



ENCOUNTERS  
WITH CANADA

MEDICINE & HEALTH | MÉDECINE ET SANTÉ  
February 24 - March 2, 2019 - du 24 février au 2 mars 2019



Public Health Nurses will be offering influenza immunizations at the Parent Teacher conferences on Nov. 6th at Carlton School, 3:30-8:00pm. Please feel free to bring the whole family! Please bring your health care card and wear short sleeves.

Additional Influenza Clinics will be held at the South Hill Mall (by Carlton Hearing):

Monday -Friday Oct. 21st -25th -9:00am-5:30pm

Saturdays Oct. 26th, Nov. 2nd and 16th - 9:00am-2:00pm

Tuesdays Nov. 5th and 26th - 1pm-5:30pm

For more information please call the Public Health Office  
at 765-6510.