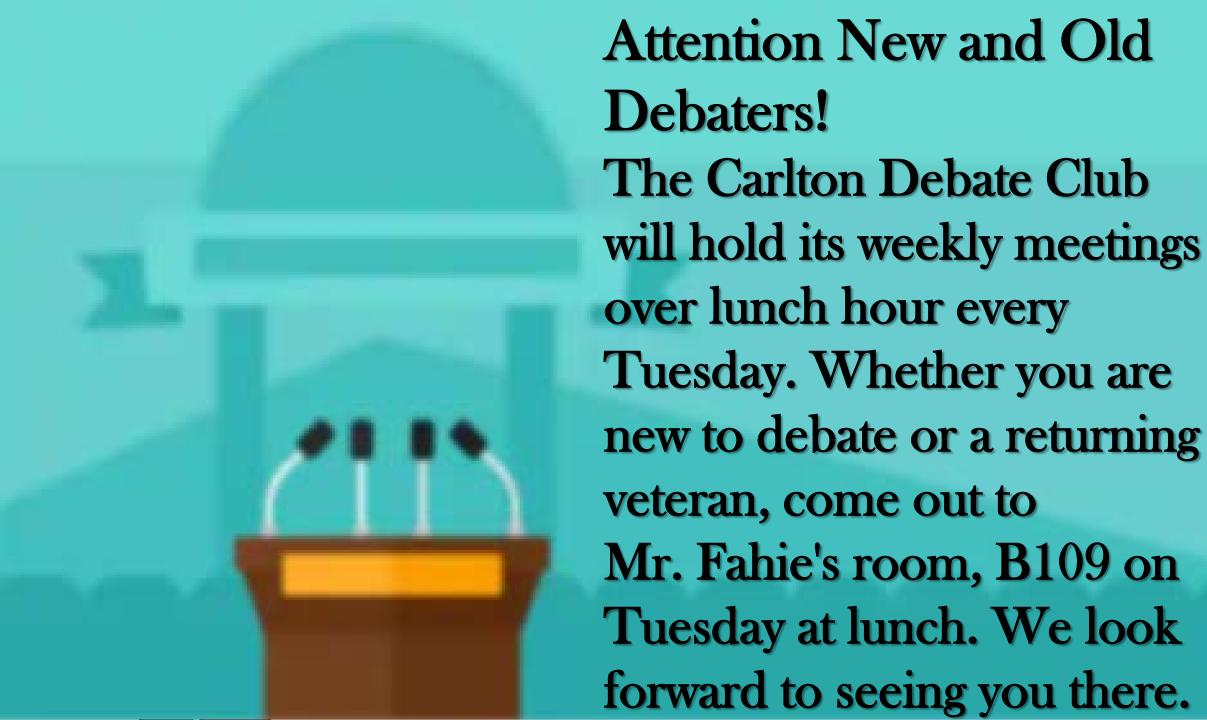
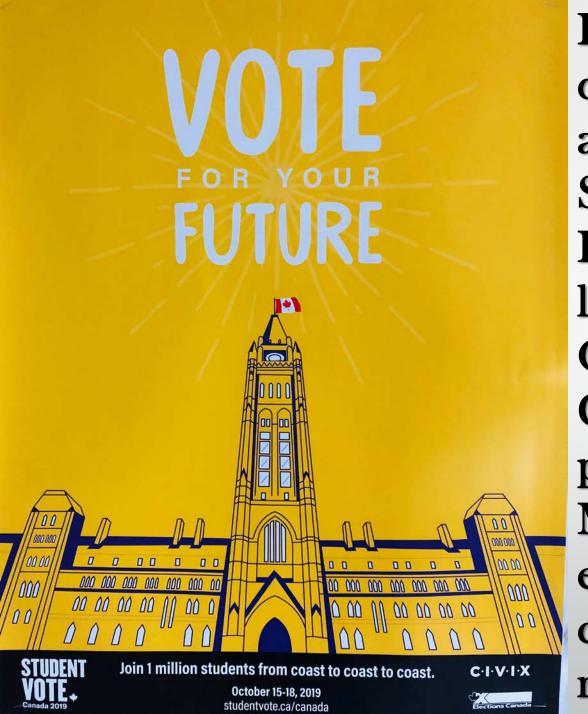
## Carlton Cafetorium Menu

Wednesday Oct. 16, 2019

Breakfast	Southwest Eggs Benedict
Lunch	Korean Short Ribs, Rice, and Kimchi Slaw
Soup / Salad	Roasted Corn Chowder
Dessert	





Do you care what our government is doing about Climate Change? How about tuition fees for University? Should Canada support programs for Foreign Aid? Now is your chance to let the government know your view. On Wednesday, October 16, 2019 Crusaders from grade 9-12 will participate in a National Student Vote. More than 1 million students are expected to cast ballots for the local candidates running in their school's riding



## TODAY'S BELL SCHEDULE

## **BELL SCHEDULE**

Period 1	8:55 - 9:58
Period 2	10:03 - 11:08
Period 3	11:13 - 12:16
Period 4	1:05 - 2:08
Period 5	2:13 - 3:16

## MEDIA CLUB

Are you interested in photography and/or videography? Do you want to attend Carlton events and capture the action? Maybe shoot portraits for the Human of Carlton project? Would you like to help shape Carlton's social media feeds?

We Meet Every

TUESDAY @ LUNCH

In the

STUDENT LOUNGE

(by the garden area)



Encounters with Canada is a unique opportunity for Canadian teens to meet other young people from across the country.

Last year, students from Carlton attended Encounters with Canada and had an amazing experience. Please have a look at our website, www.ewc-rdc.ca, and/or see Mr. Klassen in B117 for more information if you are interested in attending.



Public Health Nurses will be offering influenza immunizations at the Parent Teacher conferences on Nov. 6th at Carlton School, 3:30-8:00pm. Please feel free to bring the whole family! Please bring your health care card and wear short sleeves.

Additional Influenza Clinics will be held at the South Hill Mall (by Carlton Hearing):

Monday -Friday Oct. 21st —25th -9:00am-5:30pm Saturdays Oct. 26th, Nov. 2nd and 16th - 9:00am-2:00pm Tuesdays Nov. 5th and 26th - 1pm-5:30pm For more information please call the Public Health Office at 765-6510.