

Carlton Cafetorium Menu

Monday, Sept 30. 2019

Breakfast

Kaiser

Lunch

Smokies & Pierogies with Corn

Soup / Salad

Cheddar Broccoli Soup

Dessert

Apple Pie Bars

Encounters with Canada is a unique opportunity for Canadian teens to meet other young people from across the country.

Last year, students from Carlton attended Encounters with Canada and had an amazing experience. Please have a look at our website, www.ewc-rdc.ca, and/or see Mr. Klassen in B117 for more information if you are interested in attending.



ENCOUNTERS
WITH CANADA

MEDICINE & HEALTH | MÉDECINE ET SANTÉ
February 24 - March 2, 2019 - du 24 février au 2 mars 2019

MEDIA CLUB

Are you interested in photography and/or videography? Do you want to attend Carlton events and capture the action? Maybe shoot portraits for the Human of Carlton project? Would you like to help shape Carlton's social media feeds?

We Meet Every

TUESDAY @ LUNCH

In the

STUDENT LOUNGE

(by the garden area)





**There is a Charity Game
to raise money for Cancer
research for the Senior
Girls and Senior Boys
Volleyball teams at St
Mary's on Wednesday
October 2, 2019 at 7:00.
Come out and support a
great cause!**



Attention New and Old Debaters!

The Carlton Debate Club
will hold its weekly meetings
over lunch hour every

Tuesday. Whether you are
new to debate or a returning
veteran, come out to

Mr. Fahie's room, B109 on
Tuesday at lunch. We look
forward to seeing you there.

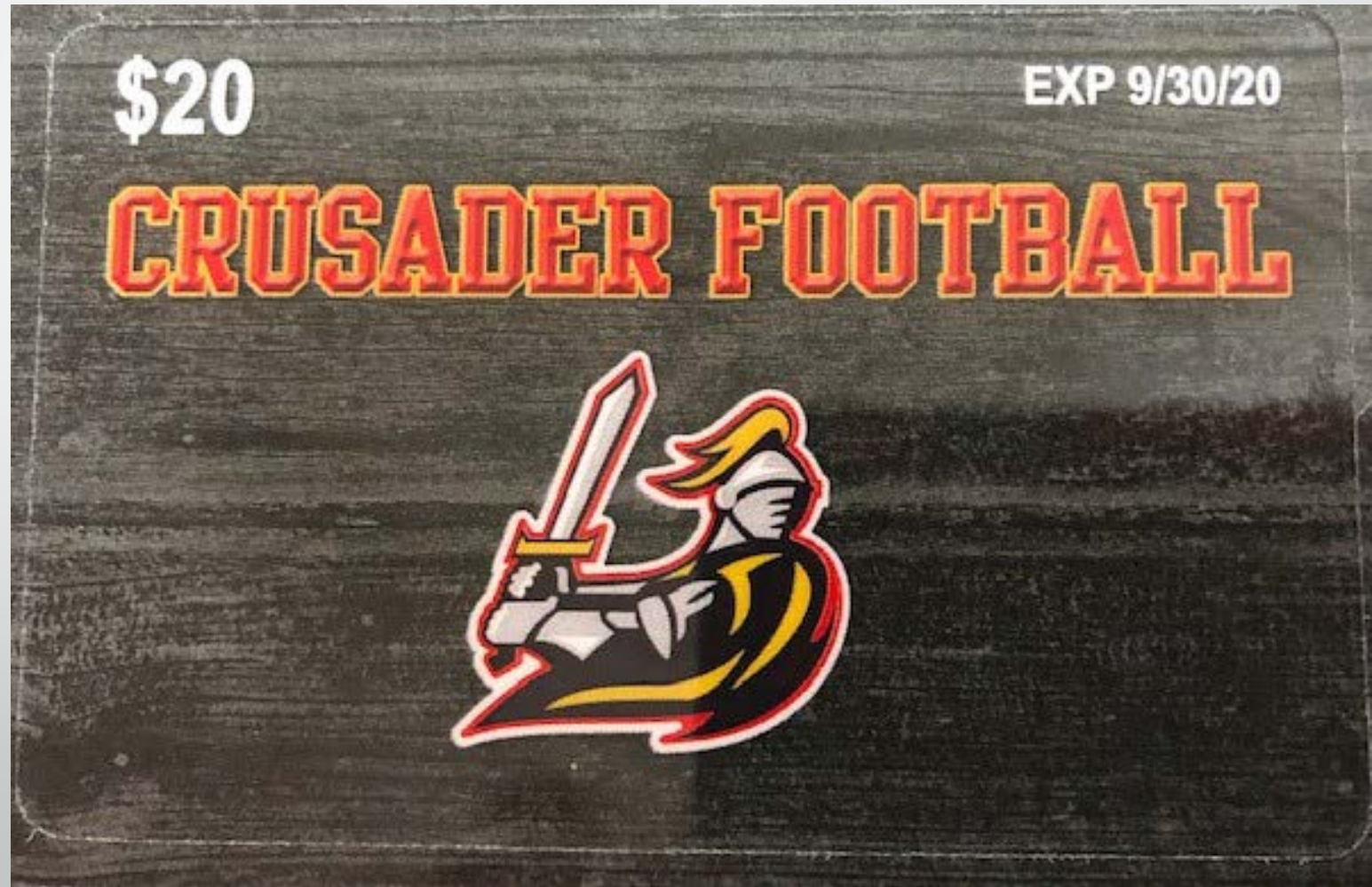


TODAY'S BELL SCHEDULE

BELL SCHEDULE

Period 1	8:55 - 9:58
Period 2	10:03 - 11:08
Period 3	11:13 - 12:16
Period 4	1:05 - 2:08
Period 5	2:13 - 3:16

**Crusader Cards are available
for purchase at the General
Office! Don't miss out!**





Driver's Ed

**First classes of the year both
noon hour and after school
starting:**

Sep 30, 2019.

Please TEXT ONLY

306-961-3447 to sign up!

Public Health Nurses will be offering influenza immunizations at the Parent Teacher conferences on Nov. 6th at Carlton School, 3:30-8:00pm. Please feel free to bring the whole family! Please bring your health care card and wear short sleeves.

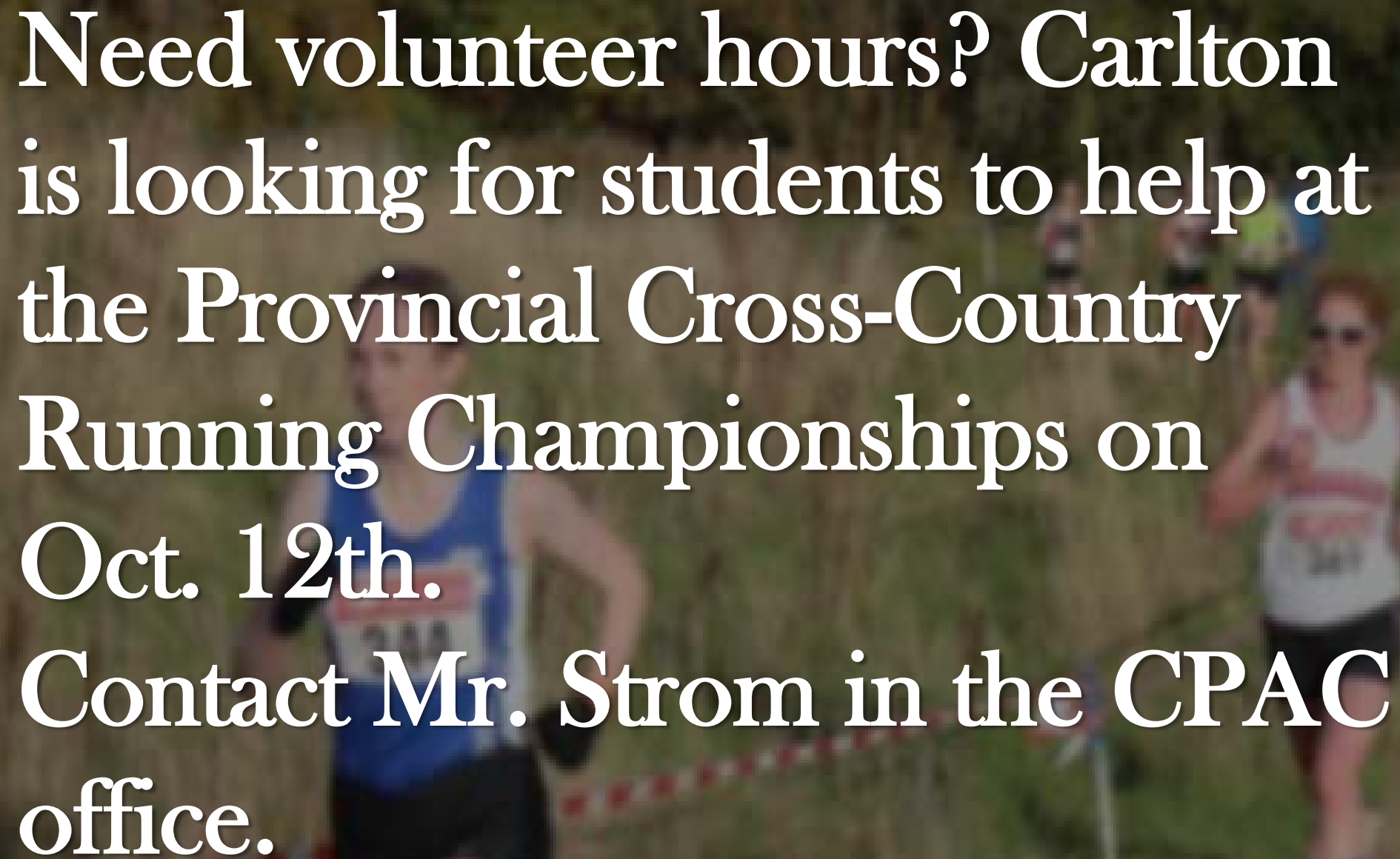
Additional Influenza Clinics will be held at the South Hill Mall (by Carlton Hearing):

Monday -Friday Oct. 21st -25th -9:00am-5:30pm

Saturdays Oct. 26th, Nov. 2nd and 16th - 9:00am-2:00pm

Tuesdays Nov. 5th and 26th - 1pm-5:30pm

For more information please call the Public Health Office at 765-6510.

The background image shows a cross-country race in progress. In the foreground, a male runner in a blue singlet and black shorts is running towards the left. In the mid-ground, a female runner in a white singlet and black shorts is running towards the right. The race is taking place on a grassy field with a red and white striped barrier in the foreground. The text is overlaid on the image in a white, serif font.

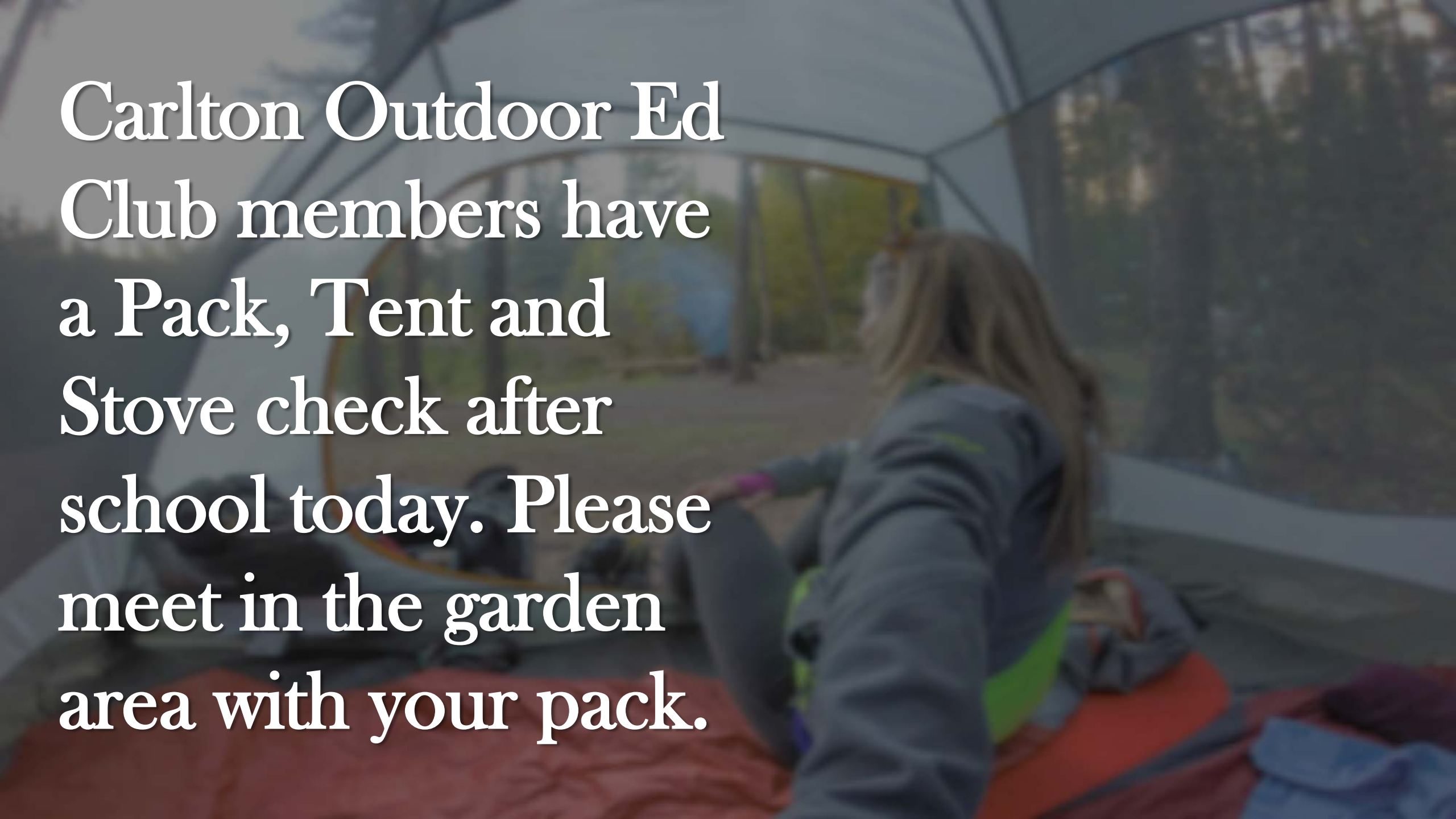
**Need volunteer hours? Carlton
is looking for students to help at
the Provincial Cross-Country
Running Championships on
Oct. 12th.
Contact Mr. Strom in the CPAC
office.**

Carlton's Indigenous Days Celebration

Friday, Sept. 27th/19

10 am till 3 pm

- Opening Ceremonies 10 AM @ Soccer Pitch
- Powwow @ soccer pitch right after opening ceremonies
- Metis portion of the day will take place in the Cafeteria
- Vendors: lots of things for purchase - food to Indigenous items (ribbon skirts, shirts, lanyards, beading, etc) Please bring some \$\$\$ to support our vendors. Adults and Students are welcome to check these out!
- We will have orange shirts for sale \$10 per shirt. Limited numbers.
- Students: please come and sign up to make your own ribbon skirt or ribbon shirt. (we will provide all materials to make your own creation) Limited numbers.

A person with long brown hair, wearing a grey jacket with a green stripe, is sitting inside a tent. They are looking out through a large opening in the tent at a landscape with trees and a body of water. The tent's interior is visible, showing a red and blue sleeping bag or mat. The text is overlaid on the left side of the image.

Carlton Outdoor Ed
Club members have
a Pack, Tent and
Stove check after
school today. Please
meet in the garden
area with your pack.