Carlton Cafetorium Menu

Wednesday, Sept 25. 2019

Breakfast	Southwest Eggs Benny
Lunch	Pork Chops with Applesauce, Mashed Potatoes, Carrots, and Gravy
Soup / Salad	
Dessert	

Encounters with Canada is a unique opportunity for Canadian teens to meet other young people from across the country.

Last year, students from Carlton attended Encounters with Canada and had an amazing experience. Please have a look at our website, www.ewc-rdc.ca, and/or see Mr. Klassen in B117 for more information if you are interested in attending.



MEDIA CLUB

Are you interested in photography and/or videography? Do you want to attend Carlton events and capture the action? Maybe shoot portraits for the Human of Carlton project? Would you like to help shape Carlton's social media feeds?

We Meet Every

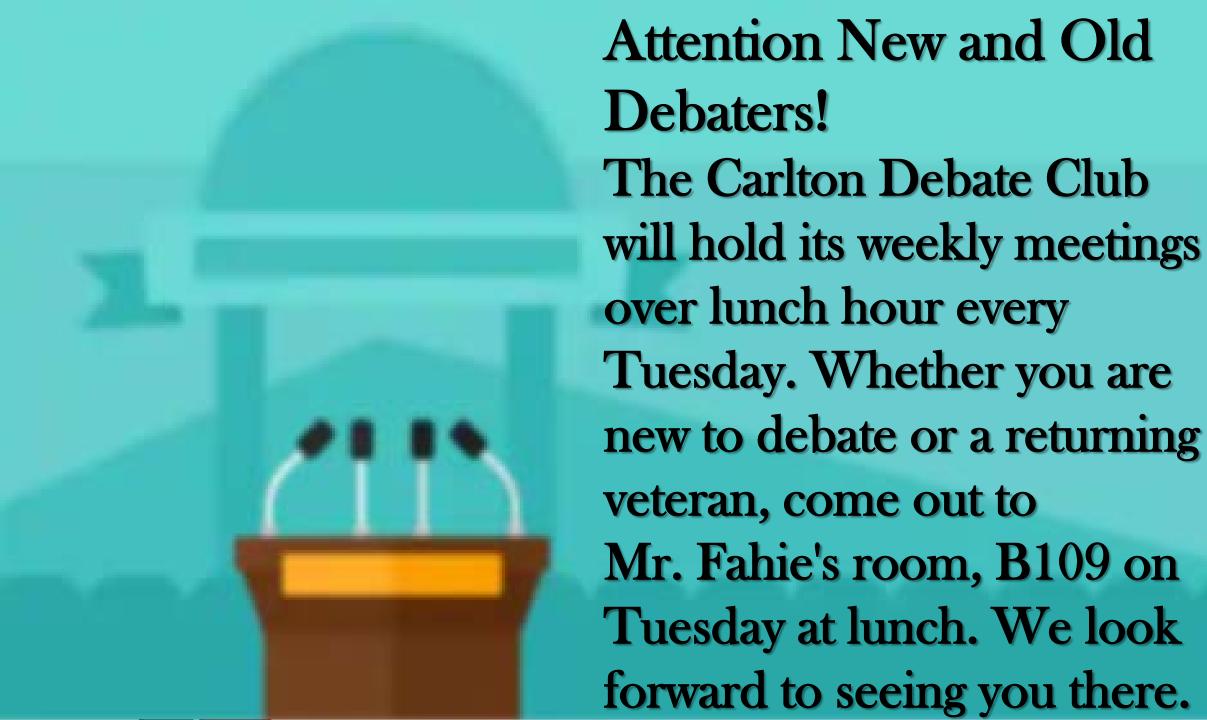
TUESDAY @ LUNCH

In the

STUDENT LOUNGE

(by the garden area)





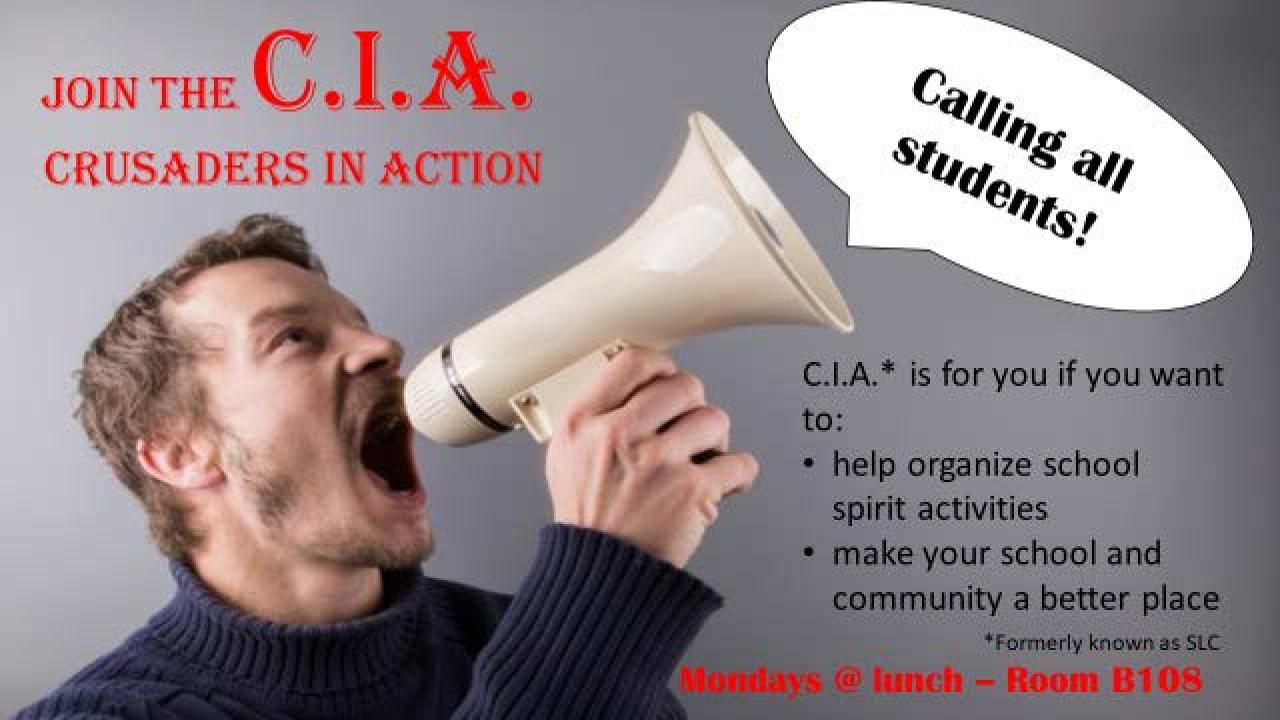
Come join our growing meditation group on Thursdays at noon in Y103. Everyone is welcome!!

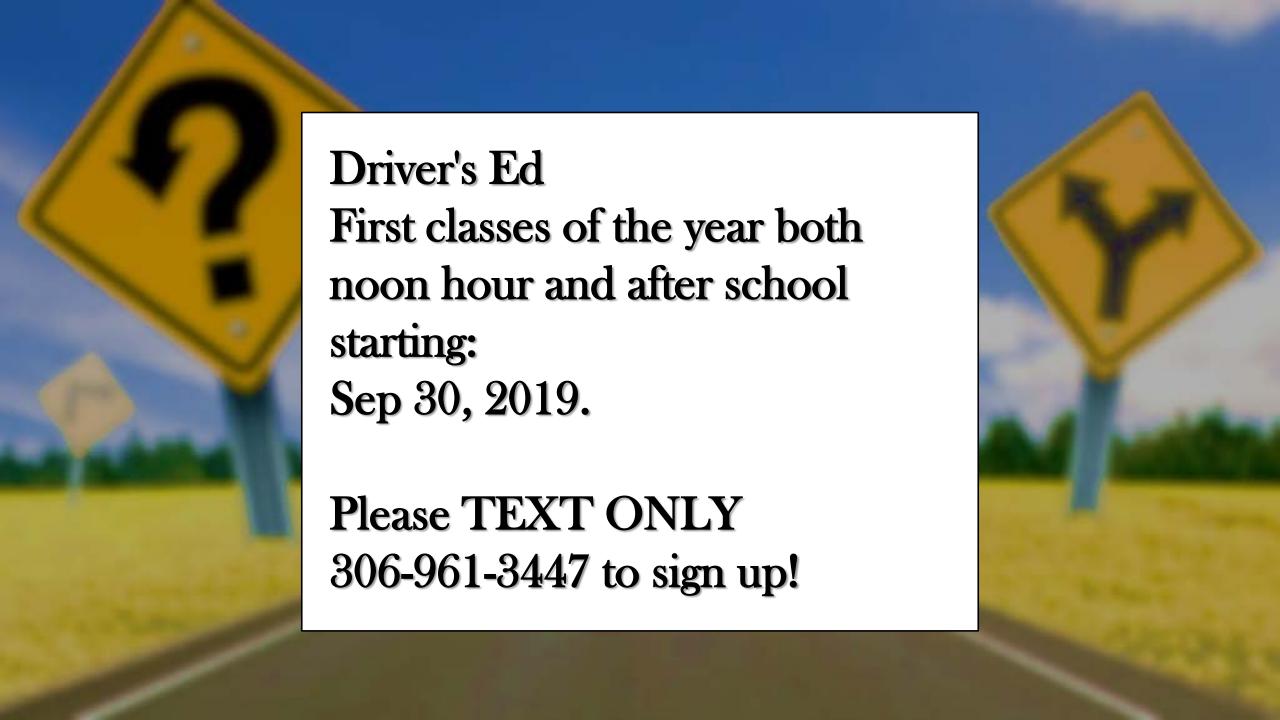


TODAY'S BELL SCHEDULE

BELL SCHEDULE

Period 1	8:55 - 9:58
Period 2	10:03 - 11:08
Period 3	11:13 - 12:16
Period 4	1:05 - 2:08
Period 5	2:13 - 3:16





Need volunteer hours? Carlton is looking for students to help at the Provincial Cross-Country Running Championships on Oct. 12th. Contact Mr. Strom in the CPAC office.



The Carlton Choir will be rehearsing on Mondays and Wednesdays at lunch in room Y100. Anyone that is interested in singing with the choir should attend these practices.

Carlton's Indigenous Days Celebration Friday, Sept. 27th/19 10 am till 3 pm

- Opening Ceremonies 10 AM @ Soccer Pitch
- Powwow @ soccer pitch right after opening ceremonies
- Metis portion of the day will take place in the Cafeteria
- Vendors: lots of things for purchase food to Indigenous items (ribbon skirts, shirts, lanyards, beading, etc) Please bring some \$\$\$ to support our vendors. Adults and Students are welcome to check these out!
- We will have orange shirts for sale \$10 per shirt. Limited numbers.
- Students: please come and sign up to make your own ribbon skirt or ribbon shirt. (we will provide all materials to make your own creation) Limited numbers.

Carlton Outdoor Ed Club members have a Pack, Tent and Stove check after school today. Please meet in the garden area with your pack.