

# **Carlton Comprehensive Public High School**

## **Today's Class Times**

**Wednesday, January 30, 2019**

<b>Period 1</b>	<b>8:55 – 9:58</b>
<b>Period 2</b>	<b>10:03 – 11:08</b>
<b>Period 3</b>	<b>11:13- 12:16</b>
<b>Period 4</b>	<b>1:05 -2:08</b>
<b>Period 5</b>	<b>2:13 – 3:16</b>

# **Carlton Cafetorium Menu**

**Wednesday, Jan. 30**

<b>Breakfast</b>	<b>South-west Egg Benny with Hash browns</b>	<b>\$4.50</b>
<b>Lunch</b>	<b>Grilled Cheese Sandwich with Wedges or Soup or Salad</b>	<b>\$6.50</b>
<b>Soup &amp; Salad</b>	<b>Cream of Tomato Broccoli Salad</b>	<b>\$5.75</b>
<b>Dessert</b>	<b>Banana Cake</b>	<b>\$2.00</b>

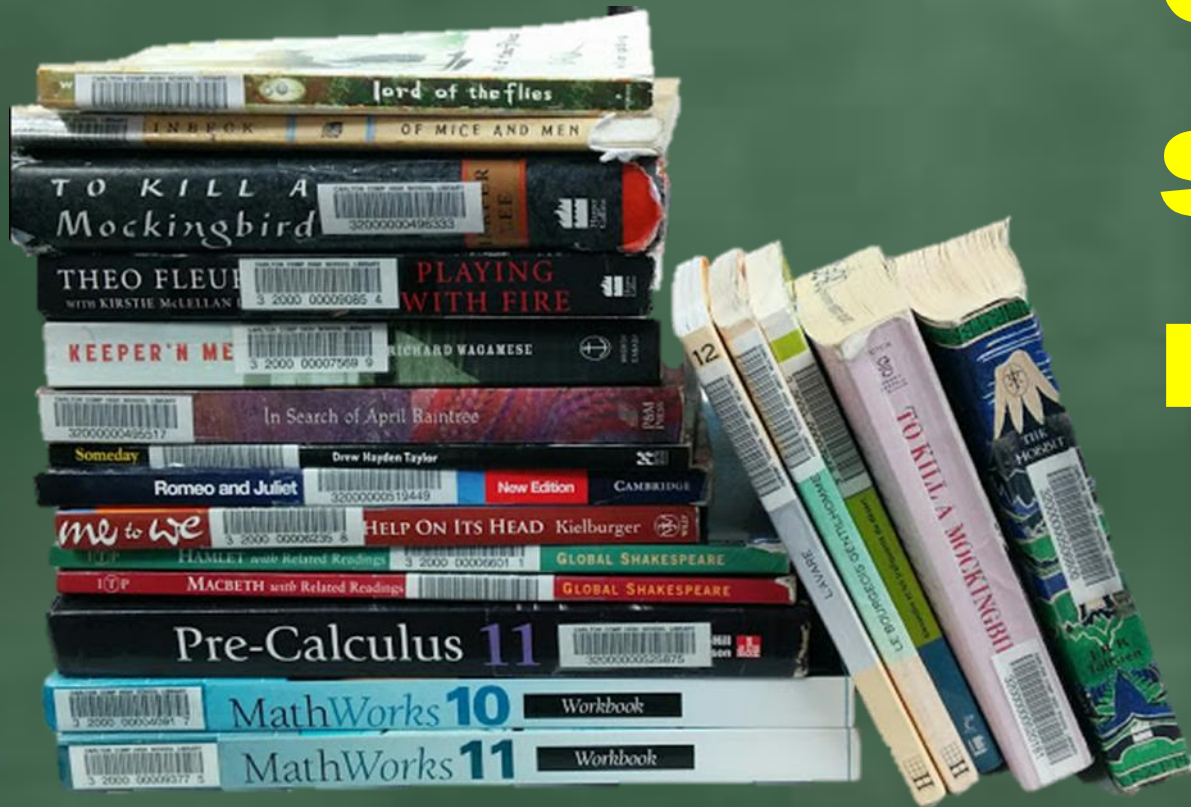


KEEP  
CALM  
AND  
WELCOME  
SEMESTER 2!



# Please Return ALL Textbooks

## Semester II students need them.







**PLAY YOUR CARDS RIGHT!**



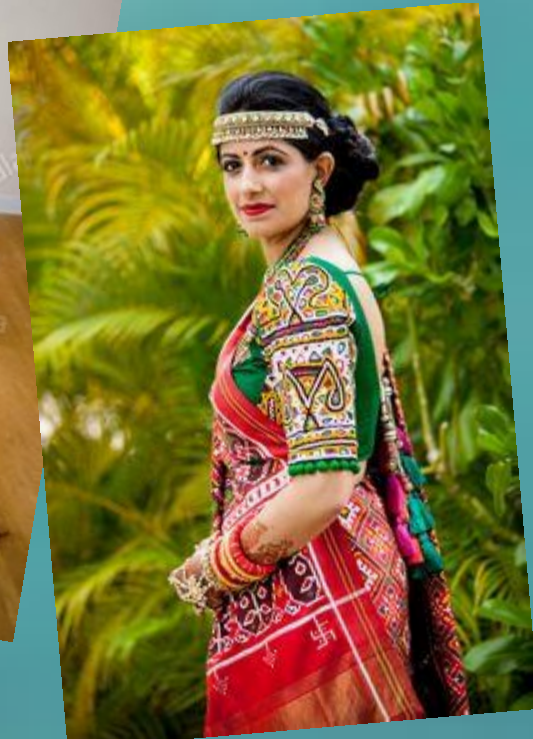
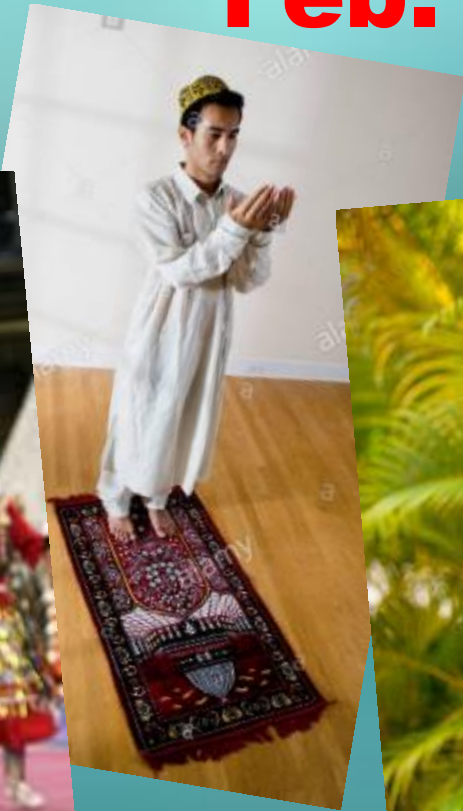
**WANT TO FIND A NEW BEST FRIEND?  
FILL IN A SURVEY TO FIND OUT!  
WHEN: Jan. 28-30  
@LUNCH  
@Rotunda  
@ PERIOD 2 class**



# CELEBRATE YOUR ETHNICITY!!

**The Social Media Club  
will be taking ethnic portraits**

**Feb. 5, 3:30.**



**See Mrs. Sigrist  
B106 before  
Jan. 30<sup>th</sup>  
to sign up!**

University  
of Regina



**HELP WITH:**  
**ADMISSIONS**  
**SCHOLARSHIPS**  
**GENERAL QUESTIONS**



**Thursday, January 31**  
**Noon**  
**Outside the Cafe**





# **ADVENTUES IN TECHNOLOGY**

**4 1/2 free days in Saskatoon**

**Open to Grade 11 & 12 Students**

**Applications Due Feb. 21**

**See Student Services**



# **Model UN**

**Looking for new members  
for the March event!  
No experience necessary!**

**Thursdays**

**B 117 – lunch**

**For more info see Mr. Klassen**

**Current events**  
**Word Diplomacy**  
**International affairs**  
**Negotiation / debate**



# Red Cross –Standard First Aid & CPR-C

Available to all students **FREE!**  
Easy as 1,2,3



- 1. Register with Mr. Strachan/Red Gym Office.**
- 2. 12 online modules (on your own).**
- 3. Participate in a half day in-person skills training.**

# Drivers Education Sign Up

Next after school  
class starts  
Monday, Feb. 25.

Please text  
306-961-3447  
To Register.



**KLASSEN**  
DRIVING SCHOOL



# Did you know...?

**Carlton offers a YOGA 10 class!  
No experience required**

**Great for:**

- athletes who want to improve their flexibility,
- those looking to reduce stress,
- those who already love yoga and want more of it.

Find this elective class on *myBlueprint* under *Phys Ed*.