August 2018

Dear Crusader,

Welcome back to Carlton and the continued opportunity to participate in the best extracurricular

program in our province! Hopefully you are enjoying a safe and active summer. If you have an idea for another activity, contact Mr. Lokinger at dlokinger@srsd119.ca and he can help to get that going! Pay attention to announcements for further club and athletic start times.

**Here are the first practice / meeting dates for our school activities:**

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| **Sports** | **Date** | **Time** | **Location** |
| Cross Country | September 7 | 12:30 | B208 |
| Sr Football | August 28 | TBA | Max Clunie |
| Jr Football | September 5 | 3:30 | Meet at Pool Doors |
| Golf | September 6 | 12:30 | B212 |
| Girls Soccer | September 5 | 3:30 | PMP Soccer |
| Boys Soccer | September 5 | 5:15 | PMP Soccer |
| Girls Volleyball | September 5 | 9/10: 5:00 11/12: 7:00 | CPAC |
| Boys Volleyball | September 5 | 3:30 | CPAC |
| Boys Basketball | November 20 | TBA | Red Gym |
| Girls Basketball | November 20 | TBA | CPAC |
| Wrestling | November 20 | 3:30 | Multi-purpose Room |
| Curling | November | TBA | B213 |
| Badminton | March | TBA | Red Gym Office |
| Track and Field | April | TBA | B202 |
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| **Activity** | **Date** | **Time** | **Location** |
| Anime | September 11 | 12:25 | R210 |
| Art for All | September 29 | 12:25 | Y103 |
| Book Club | September 30 | 12:25 | Y201 |
| Car Club | September 27 | 12:25 | Mechanics Shop |
| Choir  | September  | 12:25-1:10 | Band Room |
| Creator Club | September 14 | 6:00-7:00 | Learning Commons |
| Debate Team | September 8 | 12:25 | B109 |
| Games Club | September 10 | 3:30 | Student Lounge |
| Fly Fishing  | September 6th | 12:25-1:10 | R203 |
| French Club | September 6 | 12:25-1:10 | R211 |
| Girls of Greatness | September 27 | TBA | TBA |
| Guys Group | September 7 | 11:15-1:20 | Gold Gym |
| Mad Hatter Theatre | August 30 | 12:00 | G108 |
| Model UN | March 17 | 12:25 | B109 |
| Music Club | TBA November | TBA | Y101 |
| NaNoWriMo | September 9 | 12:25 | R212 |
| Outdoor Ed Club | September 15 | 12:25 | TBA |
| Photography Club | September 14 | 12:25 | B203 |
| Q&A (Queer & Allies) | September 7 | 12:25 | B 108 |
| Skills Club | TBA February | 12:25 | G109 |
| SLC | September - June | Various | B114 |
| The Write Club | September 19 | 12:25 | B101 |

Last year we had a phenomenal year with over one third of our students participating in some type of extra-curricular activity. Be ready to sign-up and join a team on your first day of school! Studies show that the more involved you are in your school and community, the more successful you are in transitioning away from school! We agree and want you to get involved. You are able to play more than one sport a season at Carlton! If tryout times conflict, speak to a teacher or coach and they will help get you signed up! If you have any questions regarding CCPHS Extra-curricular activities, please call or email us!