

My Blueprint – Goal Setting For Students

“People with goals succeed because they know where they are going,” (Earl Nightingale).

As a student, are you looking for ways to ways to achieve success in your life?

*If so the **Goal Setting** section of **My Blueprint** is the tool for you.*

1. Go to the Carlton website www.carlton.srsd119.ca
2. Click on **My Blueprint**
3. Login in using username and password used when you created you're **My Blueprint** account
4. Click on **Goal Setting**
5. In the top right-hand corner, click **Add Goal**
6. Click on drop down “select goal type.” Options are: academic, career, community, education, extra-curricular, family, financial, learning skills, other, personal, physical
7. Examples of goals may be:
 - a. **Academic Goal**
 - I will reassess the outcome....
 - By the end of semester one, I will achieve a score of....
 - I will submit the performance task of....
 - b. **Career Goal**
 - I will attend the career fair
 - I will meet with a counsellor in Student Services to..
 - I will interview someone who has a career I am interested in
 - c. **Community Goal**
 - I will volunteer at
 - I will attend the community event of....
 - d. **Extra -Curricular**
 - I will try-out for.....
 - I will join the....club

- *I will assume a leadership role for my team or club by...*

e. Financial

- *I will have saved \$\$\$\$ to purchase....*
- *Each month, I will put \$\$\$ away for my future education*

f. Learning Skills

- *I will complete the Learning Styles quiz on my blueprint*
- *I will talk to my teacher(s) about possible ways to make learning easier for me*

g. Personal

- *I will join the gym*
- *I will attend class regularly*
- *I will get a job*

h. Physical

- *I will eat three healthy meals a day*
- *I will exercise three times a week*

8. *Click on drop down arrow "time frame," and select one of three options*

9. *Type in "goal description"*

10. *Answer "How will you achieve your goal?"*

11. *Click "Add Goal"*

12. *Students can click on goal created and check "completed" when it is done.*

Students are invited to stop by Student Services if they require further assistance in working with the Goal Setting in My Blueprint.